

Actively helping you look after your everyday



Staying fit and healthy means being active. Whether you play rugby on the weekend or head to the gym after a hard day's work, it's important to protect yourself against accidents and injuries that could stop you in your tracks.

MultiProtect provides financial support for you 24/7 worldwide, covering a range of injuries from broken bones to those that could have a significant impact on your life. You will also be covered if you have to spend time in a UK hospital. Cover starts from as little as £8 to £40 per month.

So you can keep enjoying the activities you love, you can add on optional Active Lifestyle Cover from as little as £1 per month. It will provide you with additional cover for accidental injuries such as:

- ✓ ligament tears
- ✓ tendon ruptures
- ✓ dislocations

Claims in motion

Did you know? 79% of our sports-related claims are caused by non-professional rugby injuries*

*Based on MetLife claims analysis

Case study

Mr L was playing rugby for his local team at the weekend when he broke his jaw during the match. With 2 units of MultiProtect, MetLife were able to help him back on his feet by paying both the broken bones and hospitalisation benefit amounting to £1,700 to aid with his recovery.

Contact us

For more on MultiProtect please visit
[metlife.co.uk/multiprotect](https://www.metlife.co.uk/multiprotect) T: 0800 917 0100

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