



# Health Screening



## Health screens. They can be a real life-saver.

The better employees understand their health, the better care they take of themselves. But health screens aren't just about awareness; they're essential for early diagnosis, which is vital to the treatment of serious illnesses. And that's what makes them one of the most valuable benefits you can offer your employees.

### What employees can expect:

- ✔ Practitioners who are experts at putting participants at ease
- ✔ We use the latest mobile scanning technology so screenings can take place privately in the workplace
- ✔ Every participant receives a full confidential report
- ✔ Full employee support pre and post screen

### What employers can expect:

- ✔ Health screen carried out in the workplace to minimise disruption
- ✔ Alternative venues can be organised with costs covered by the client
- ✔ The minimum cost of a day's on-site health screening is £600
- ✔ We cover the entire UK, Channel Islands and Northern Ireland

## CORE PACKAGE

### The Lifestyle Health Screen.

Ideal for everyone in your business, it puts a tick in all the essential boxes.

- |                   |                             |
|-------------------|-----------------------------|
| ✔ Body Mass Index | ✔ Total Cholesterol         |
| ✔ Body Fat %      | ✔ Blood Glucose             |
| ✔ Visceral Fat    | ✔ HDL Cholesterol           |
| ✔ Metabolic Rate  | ✔ Nutrition Review          |
| ✔ Hydration       | ✔ Lifestyle Review          |
| ✔ Bone Mass       | ✔ Mental Health Signposting |
| ✔ Blood Pressure  |                             |



## + OPTIONAL UPGRADE

### The Body System Health Screen.

If something more thorough is required, why not add the Body System Health Screen module to the Lifestyle Health Screen? It offers nine additional tests covering other, specific conditions.

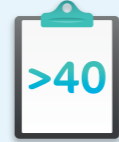
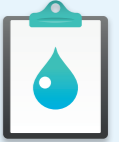
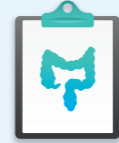
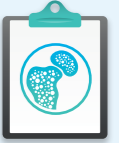


- |                            |                    |
|----------------------------|--------------------|
| ✔ Kidney Disease           | ✔ Cardio Fitness   |
| ✔ Protein in the Urine     | ✔ Liver Disease    |
| ✔ Urinary Tract Infections | ✔ Lung Function    |
| ✔ ECG                      | ✔ Kidney Infection |

## + OPTIONAL BOLT-ONS

### Bolt-ons.

You can tailor your health screening by choosing to add any number of the five following bolt-ons.

<p><b>1 Over 40s</b></p> <ul style="list-style-type: none"> <li>✔ Blood Oxygen</li> <li>✔ Thyroid Blood Test</li> <li>✔ Prostate Disease Blood Test (male)</li> <li>✔ Haemoglobin – Red Blood Cell Test (female)</li> </ul> 	<p><b>2 Blood Tests</b></p> <ul style="list-style-type: none"> <li>✔ Liver Profile</li> <li>✔ Kidney Profile</li> <li>✔ Lipid Profile</li> <li>✔ Thyroid</li> <li>✔ Prostate</li> </ul> 
<p><b>3 Bowel Cancer</b></p> <ul style="list-style-type: none"> <li>✔ A Test for Bowel Cancer</li> </ul> 	<p><b>4 Osteoporosis</b></p> <ul style="list-style-type: none"> <li>✔ A Test for Osteoporosis</li> </ul> 
<p><b>5 Heart Health</b></p> <ul style="list-style-type: none"> <li>✔ A Test for Potential Heart Concerns</li> </ul> 