

Lightening the load on British businesses.



Discover more at healthshield.co.uk

The occupational health problem.

Health and Safety, legal obligations, staff duty of care and absenteeism.

These complex issues can cause wide-ranging unpredictable problems for businesses, few of which have all the expertise required to deal with every eventuality.

It's little wonder that occupational health keeps many HR directors and business managers awake at night.

The truth is getting affordable expert advice, exactly when you need it, is a real challenge.

And often the so-called advice you do receive can leave you with more questions than answers.



The occupational health solution.

At Health Shield we get it.

Which is why we provide a free Occupational Health Helpline* that's available to any business.



Simply call it when the need arises, and you'll get through to a straight-talking qualified adviser who'll make a clear, no nonsense recommendation on how best to proceed.

But the advice doesn't stop there...



^{*} Excluding call costs

One call. All the answers.

Once you call our free helpline* the adviser won't just offer you the best advice.

They'll also introduce you to any additional services you may need to protect the welfare of your employees and the interests of your business.

Each additional service is flexible and affordable, so you can invest in exactly the level of service your business needs – no more, no less.

HEALTH FACT**

1.4 million

workers suffered from a new or longstanding work-related illness in 2017/18.

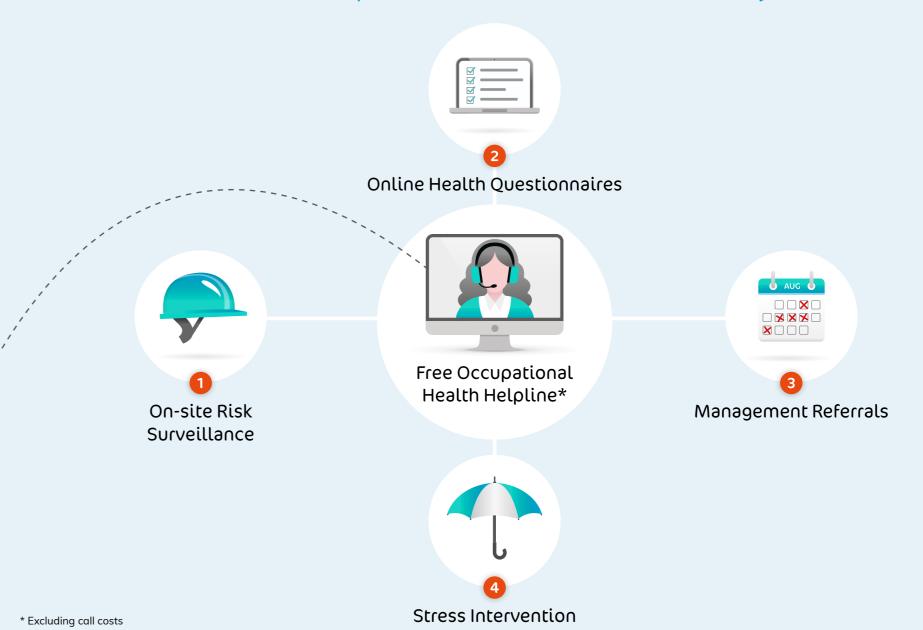
- * Excluding call costs
- ** 'Health and safety at work: Summary statistics for Great Britain 2018' (October 2018 HSE)

Why choose Health Shield:

- Free helpline* provides direct access to qualified advisers
- ◆ A no nonsense, straight-talking assessment of your situation
- ▼ Comprehensive range of additional services also available
- ✓ Video consultations for convenience and speed
- Only pay for additional services when you need them
- Consistent quality service nationwide.



A world of occupational health that revolves around you.



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On-site Risk Surveillance

Making sure you minimise any risks to the health and wellbeing of your workforce.

Our on-site risk surveillance is designed to meet the specific needs and activities of your business.

Armed with the latest mobile health equipment, our occupational health professionals visit your workplaces and assess the health of your employees and any risks they face in their working environment.



The benefits:

- ✓ Identify any hazards and any employees who may be affected
- Evaluate the risks to your business
- ✓ Identify and prioritise appropriate interventions and controls
- Ongoing advice from occupational health experts
- Assessments carried out nationwide.

What's included:

- Eyesight Tests to Occupational Health Standard
- Peripheral Eyesight and Colour Blindness Tests
- Hearing Tests
- Lung Function Tests
- Skin Surveillance
- Hand Arm Vibration Syndrome (HAVS)
- Musculoskeletal Review
- Blood Pressure Test
- Medication Review
- Urinalysis for Protein, Glucose & Blood (optional).

HEALTH FACT**

541,000 new cases of work-related ill health were diagnosed in 2017/18.



^{** &#}x27;Health and safety at work: Summary statistics for Great Britain 2018' (October 2018 HSE)

2 Online Health Questionnaires

To stay on top of your occupational health, you need to stay close to your employees.

The continuous refinement of an occupational health strategy is a must for all businesses. And there's no better way of identifying ways to improve than listening to your employees.

Our Online Health Questionnaires enable you to do just that. They're specifically designed to support your duty of care as an employer.



The benefits:

- ✓ Ensures an employee-centric occupational health strategy
- Focuses the business on risk prevention
- Facilitates regular dialogue with employees
- Provides evidence of duty of care
- 24/7 access to our product.

What questionnaires are available:

- New Starter Health
- Working At Heights
- Night Worker Health
- Musculoskeletal Risk
- Hand Arm Vibration Syndrome (HAVS)
- Display System Equipment (DSE)
- Maternity.

HEALTH FACT**

26.8 million

days were lost due to work-related ill health in 2017/18.

** 'Health and safety at work: Summary statistics for Great Britain 2018' (October 2018 HSE)



Management Referrals

For any employer, dealing with absenteeism can be a costly business. Not anymore.

The cost of absenteeism isn't just determined by the absentee. You also need to consider the further loss of productivity caused by managers having to deal with the consequences.

That's where our absentee management team can help.

They provide objective advice to the employer and employee on all relevant absence, work-related health conditions and Equality Act matters.

They also liaise with the absentee on the phone or video call (in accordance with your duty of care) and provide a full report to assist the return to work process, leaving your managers free to focus on business.

The benefits:

- Pay as you go service
- Reduce levels and costs of absence
- Independent support for the employee
- Objective advice for both the parties
- Recommendation report
- Remove burden from time-poor management
- Accelerate employees' return to work.

HEALTH FACT**

25%

of all absence is due to work related musculoskeletal disorders.

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** 'Health and safety at work: Summary statistics for Great Britain 2018' (October 2018 HSE)

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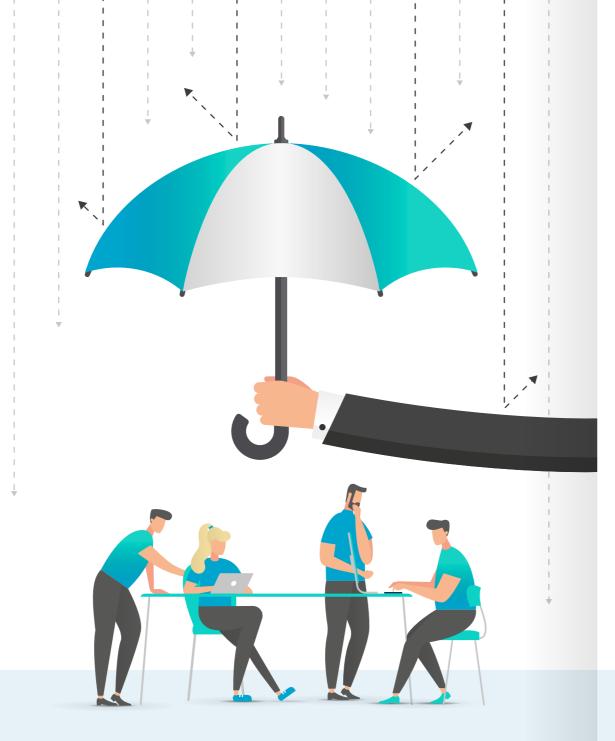
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Stress Intervention

57% of all absence is stress related, so the sooner you can offer support, the better**.

When an employee is absent due to stress, early intervention is key to understanding the causes and creating an environment for the employee to return to work sooner.

Our clinicians recommend steps that can be taken to reduce the stress on the absent employee.



The benefits:

- Early intervention to accelerate return to work
- ▼ Recommendations on how best to reduce workplace stress
- Independent advice on non-work-related mental health conditions.

HEALTH FACT**

57%

of all absence is now stress related, with every employee, on average, taking 2.5 days off per year.

Discover more at healthshield.co.uk

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^{** &#}x27;Health and safety at work: Summary statistics for Great Britain 2018' (October 2018 HSE)

Don't let occupational health become an occupational hazard.

If you need expert advice call our free Occupational Health Helpline* today and we'll recommend how best to safeguard your employees and your business:





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^{*} Excluding call costs



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Health Shield's Occupational Health Service is provided by Prevent Ltd trading as Health Shield.

This company is a subsidiary of Health Shield Wellbeing Limited, a direct subsidiary of Health Shield Friendly Society Limited.

Prevent have partnered with Asclepius OHS Ltd to bring you the following services: Online Health Questionnaires, Occupational Health Management Referrals, Stress Intervention