



## Wisdom AI: the first port of call for anyone with a wellbeing question

Wisdom AI combines our counsellor's knowledge with the latest artificial intelligence into a search engine you can trust.

Our in-house professionals have answered thousands of questions across the helpline and we have compiled them all on this revolutionary platform that you can access anytime- anywhere!

**30% our most searched questions relate to imposter syndrome**

### ***im-pos-tor syn-drome (noun):***

The persistent inability to believe that one's success is deserved or legitimately achieved

Check out Wisdom AI to learn more about ....

[What triggers Imposter Syndrome?](#)

[What are the signs of Imposter Syndrome?](#)

[Can you fix Imposter Syndrome?](#)



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