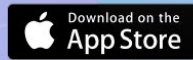




Say goodbye to My Healthy Advantage & Online Portal

Switch over to Wisdom by 1st March 2024



On Friday 1st March 2024, we say goodbye to the My Healthy Advantage app and the Online Portal as we formally deactivate the two platforms.

All Users – Please ensure you switch over to Wisdom by the 1st of March. Download Wisdom today and use your existing organisation code to gain access.

Wisdom is our brand-new app that has replaced My Healthy Advantage as the industry-leading health and wellbeing platform for organisations and individuals.

As a member of the Health Assured community, you have exclusive access to our revitalised app – which helps you track your wellness, improve your mental health, and stay resilient during tough times.

Designed to be more engaging and accessible, Wisdom complements your Assistance Programme and provides an enhanced set of wellbeing tools and resources to improve the user's physical and mental health.

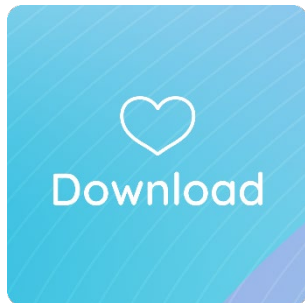


New and Improved Health & Wellbeing Features

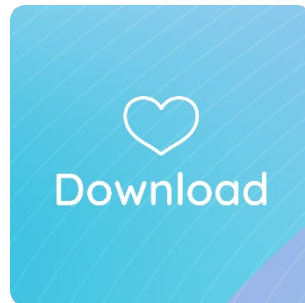
- Wellbeing Trackers
- 4-week health plans
- Mini health checks
- Yoga, meditation, and breathing exercises
- Access to hundreds of wellbeing resources
- Live chat available 24/7, 365 days a year
- Exclusive perks and discounts with Bright Exchange
- Wisdom Ai

Your Wisdom Welcome Pack

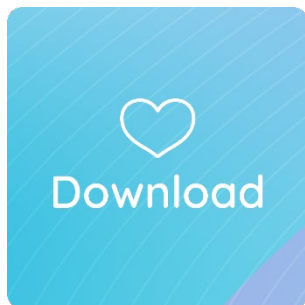
The Welcome Pack is designed to support your Assistance Programme from Health Assured - providing you with the relevant guides, posters, FAQs, and more, allowing you to make the most of our industry-leading service.



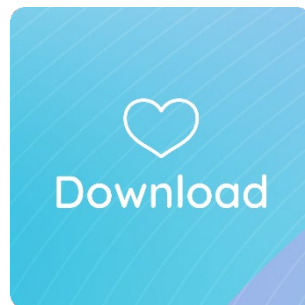
Wisdom Poster



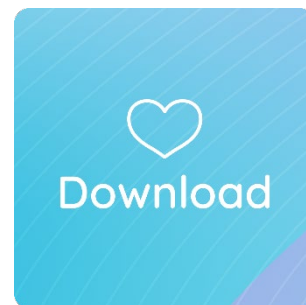
Wisdom How to Download



Wisdom FAQ Guide



Wisdom Overview



Wisdom User Guide