



# BENEFITS THAT EMPLOYEES LOVE


Health Shield started in 1877 helping railway workers keep their health on track, in 2024 we remain focused on providing valued health benefits that help employees lead healthy, happy lives.

IT IS AS IMPORTANT AS EVER FOR EMPLOYERS TO OFFER BENEFITS THAT SUPPORT THEIR EMPLOYEES.


Nearly **1 in 2** say that the increased cost of living has impacted their ability to do their job

**64%** are worried about the pressure on the NHS


## THE INCREASED COST OF LIVING IS IMPACTING EMPLOYEE HEALTH AND WORKPLACE WELLBEING - CASH PLANS CAN PROVIDE ADDITIONAL SUPPORT.

 **8 in 10** have reduced their spending on routine healthcare and 4 in 10 have cancelled appointments

 **1 in 3** have skipped meals due to rising costs

 **90%** are more likely to stay with an employer that offers health and wellbeing benefits




 **£23m+** paid out on claims for optical, dental and physio / chiropody benefits

 **£129** annual saving on food bills for the average shopper using PERKS

 **£7.23** the average a company pays per employee per month for a Health Shield Cash Plan

## PRESSURES ON THE NHS ARE HAVING AN IMPACT ON EMPLOYEE WELLBEING - CASH PLANS CAN PROVIDE ADDITIONAL SUPPORT.

 **1 in 2** have suffered due to lack of access to healthcare

 **72%** have found it difficult to book a doctors appointment

 **50%** of the workforce find it difficult to pay for dental care



 **545,000+** claims paid to our members last year (2023)

 **24/7** virtual GP service offering most appointments within one day

 **£8.7m+** paid in claims supporting more than 170,000 dental treatments in 2023

## WE CONTINUE TO GROW AND SUPPORT OUR MEMBERS

**4,000+** businesses

Trusted to support businesses take care of their most valuable assets – their people

**400,000+** members

We help members and their families look after their wellbeing and claim back healthcare costs

**£30m+** paid out

In 2023, we paid more than 545,000 claims to keep our members in the best of health

Sources: Health Shield Insights 2023 - 2024

## AND WE'RE DELIGHTED THAT OUR MEMBERS LOVE WHAT WE DO



**There when you need them,** You can always rely on Health Shield to process and refund medical charges promptly. So easy to apply and assistance on hand if you need it. Great service.



**Health Shield is great** I've been using the Health Shield Cash Plan Level 3 for over 6 years and I think it's a great solution for dental, optical, acupuncture, physio, etc claims. It offers a very good coverage supporting wellbeing. It normally takes less than a week to get a reimbursement once a claim is submitted. I've never had any problems and use it over 10 times per year. I totally recommend it!



**RATED EXCELLENT**

Rated 4.7 based on 1,770 reviews