

Share with your clients:  
Health Screening Day  
offer ends soon



## Hello

According to the [British Heart Foundation](#), as many as 5 million adults in the UK have undiagnosed high blood pressure and don't know they are at risk.

Our [Health and Lifestyle Screenings](#) can help employees understand their numbers and make positive lifestyle changes. The 10-minute screenings check blood pressure, total cholesterol and blood glucose metrics. The more in-depth checks measure visceral fat, muscle percentage, metabolic rate, lifestyle satisfaction and more. Please share the following offer with your clients:

Limited-time offer

Your clients will receive a free pre-recorded wellbeing webinar for their employees when they buy a screening day by 31 March.

Choose from over 50 webinar topics, including lowering your blood pressure without medications, mental health awareness, nutrition and healthy eating, and more.

[Terms and conditions apply.](#)

## Benefits for employees:

- Confidential 1-2-1 appointment with an experienced Wellbeing Coach
- Personalised report
- GP referral letter, if required
- One-month access to our Wellbeing Resources website

## A screening success story:



Contact your Westfield Health Intermediary Consultant to discuss your clients' screening day(s).

## Wellbeing trends report 2025

In our latest report, we explore the emerging health and wellbeing themes for 2025 and how workplaces can embrace the trends. You're welcome to share it with your clients.

[Download](#) >

Best wishes,

The Westfield Health Team



Our friendly Customer Care Team is here to help.

[westfieldhealth.com/business](https://westfieldhealth.com/business)

Email: [intermediarysupport@westfieldhealth.com](mailto:intermediarysupport@westfieldhealth.com)

Phone: [0114 250 2000](tel:01142502000)

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**Registered Office:** Westfield House, 60 Charter Row, Sheffield, S1 3FZ. Telephone 0114 250 2000.