



Our new SME Neurodiversity Workplace Support Package lets your clients support neurodiversity in the workplace, with tools and strategies to help their people reach their full potential.

While around **15% of the UK may be neurodivergent**¹, many organisations lack understanding of how to effectively support neurodiversity at work.

That's why we're helping SMEs be more neuro-inclusive by equipping them with the tools and techniques to **turn their ambitions into practical actions**.

Through our SME Neurodiversity Workplace Support Package, your clients can:



Find guidance to understand the challenges and opportunities of neurodiversity in the workplace.



Meet the needs of a neurodiverse workforce, including those with: ADHD, ASD, Dyscalculia, Dysgraphia, Dyslexia.



Adopt new approaches to help neurodiverse talent shine.

Tools and support through the SME Neurodiversity Workplace Support Package

We're going further for your SME clients to show support to neurodivergent employees.

This includes all-new, specialist coaching delivered in partnership with HelloSelf, a specialist psychological therapy practice, to help neurodivergent employees reach their full potential.

Eligibility and terms

The SME Neurodiversity Workplace Support Package will be available only to renewing and newly onboarded SME customers, from 1 July 2025.

Whats included:





Post-assessment coaching

Non-clinical intervention and support* for employees who have had a neurodiversity assessment and received a diagnosis. Delivered by HelloSelf, a specialist psychological therapy practice.

Includes 6 x 30 minute one-on-one online sessions from qualified coaches.

Online neurodiversity hub

Exclusive online tools and resources for line
managers, and individuals,
to navigate neurodiversity
in the workplace.

Includes webinars, e-learning modules, written guides and Bupa Academy videos.

*Post-assessment coaching is applicable to any members included on the policy over the age of 18, and who have a specific diagnosis relating to any of the following conditions: ADHD. ASD, Dyscalculia, Dysgraphia, Dyslexia.

Help your clients get more value from their health insurance



Want to know more?

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